

Transport and the Public's Health

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Transport

*“**Transport** is a system for taking people or goods from one place to another, for example using buses or trains.”*

Collins Dictionary

Health

“Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.”

World Health Organisation (WHO)

Positives for Health





COSTA

Poundland

Travel

Travel

Travel

10



Cherry Gdn Rd - Hill Road
DC Hospital 4

Stagecoach

47663

GN58 NXH











Negatives for Health





TAKE HEED

THE FIRST RECORDED MOTOR ACCIDENT
IN GREAT BRITAIN INVOLVING THE
DEATH OF THE DRIVER
OCCURRED ON GROVE HILL
ON 25TH FEBRUARY 1899.

THIS PLAQUE WAS UNVEILED
ON THE 70TH ANNIVERSARY BY
THE MAYOR OF HARROW
ALDERMAN CHARLES STENHOUSE





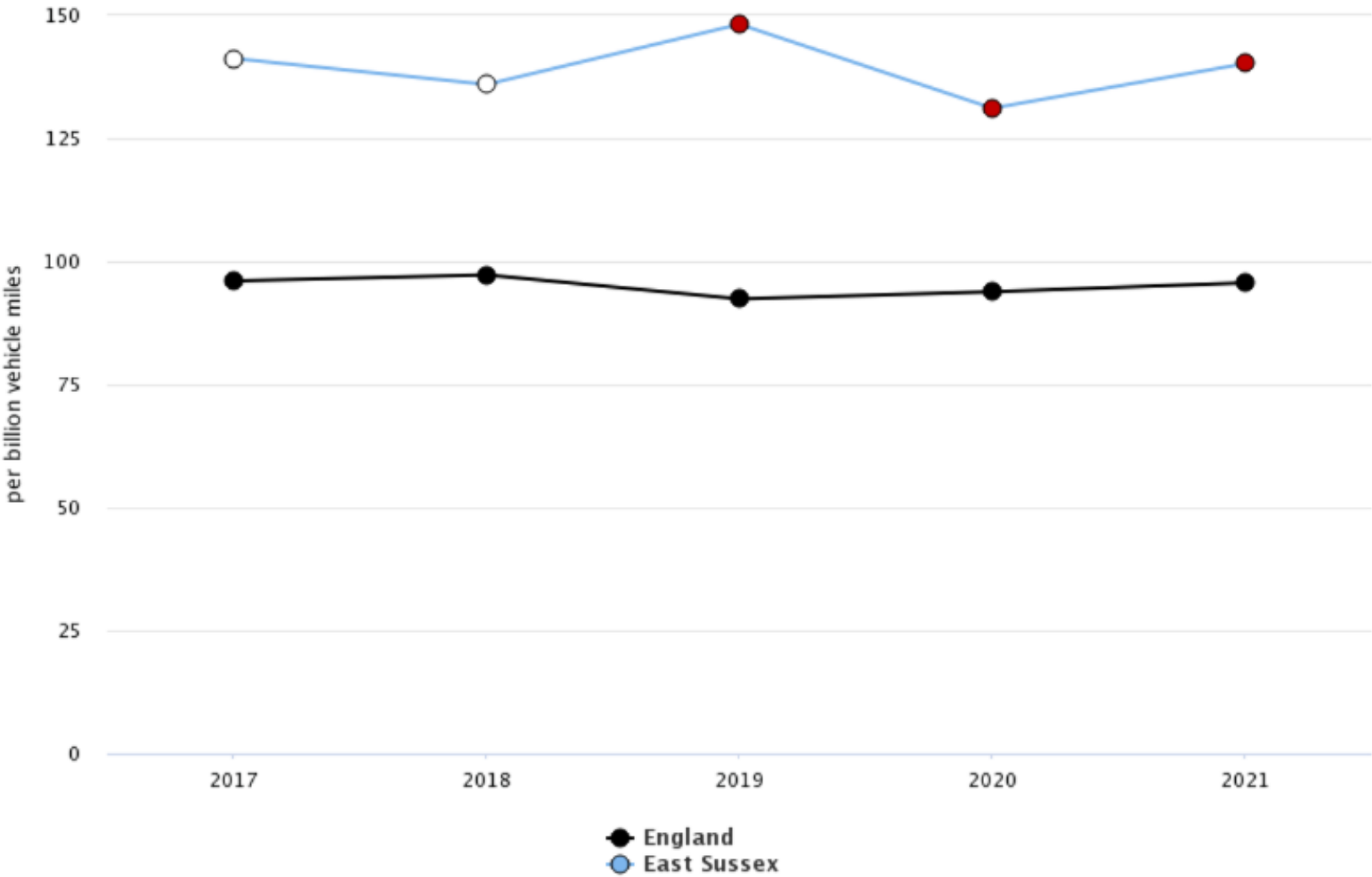
RIP

We need a bridge
NOW!

Blind Spot Length



Killed and seriously injured (KSI) casualties on East Sussex roads





Church Wood







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2022

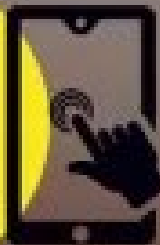
27%
of people
obese



2033

33%
of people
obese

70%
use food
delivery
apps



£6billion

what the delivery app
industry will be worth
by 2025

2021

First 6 months

149m
orders

2021

First 6 months

135m
orders

2020

First 6 months

74.5m
orders

deliveroo

JUST EAT

2020

First 6 months

77m
orders

Uber Eats

orders up

150%

In 3 months to
Sept 2021

25%

of kids have
food delivered
to school

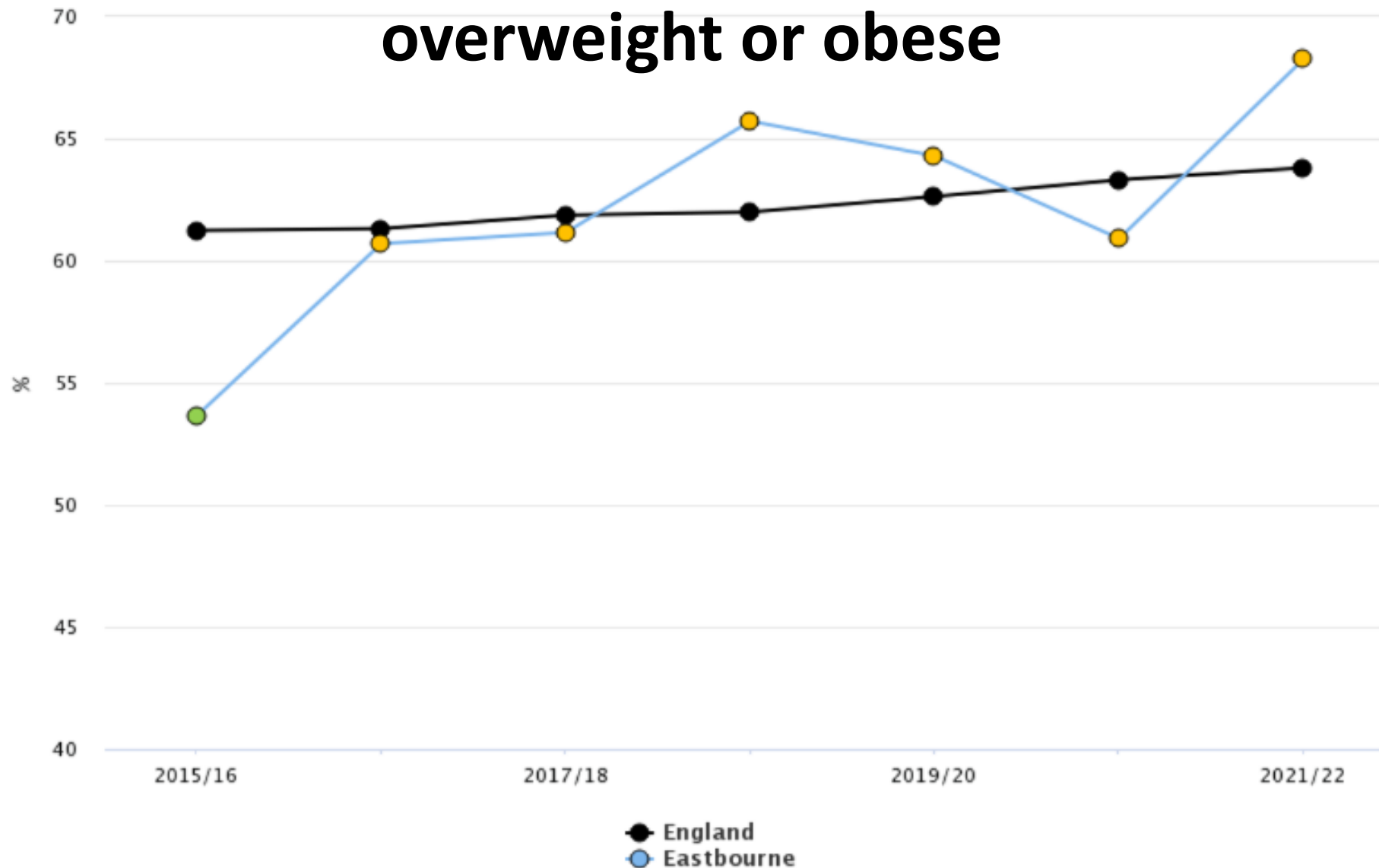
NHS

£6billion

yearly cost to NHS
of tackling obesity

deliveroo

Percentage of adults (aged 18 plus) classified as overweight or obese



Obesity: A leading risk factor for poor health

2 in 10, 4-5 year olds in 2019/20



3 in 10, 10-11 year olds in 2019/20



6 in 10, adults in 2019/20

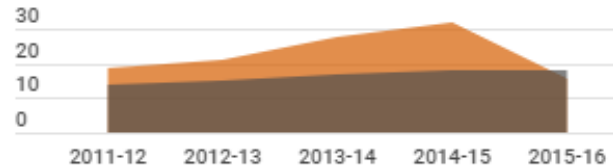


are **overweight or obese** in East Sussex

OHID Obesity profiles, 2020

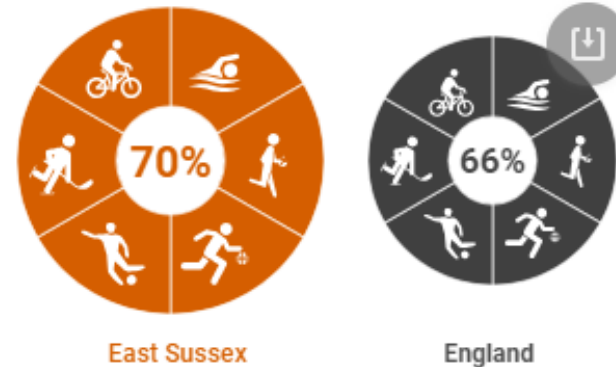
16% people aged 16+ used outdoor space for health/exercise over the last week

● East Sussex ● England



(18% in England)
(local figures are subject to significant change due to small numbers)

Natural England: MENE Survey 2015/16



adults were **physically active** in East Sussex in 2020/21

PHOF, 2020/21

20%



of adults were **physically inactive** in East Sussex in 2020/21
(23% in England)

PHOF, 2020/21

61%

adults



20%

14-15
year olds

ate **5 portions of fruit or vegetables** on the previous day in 2019/20 surveys
(55% of adults in England)

Ohid Physical Activity Profiles 2020, ESCC HRBS, 2019/20 data

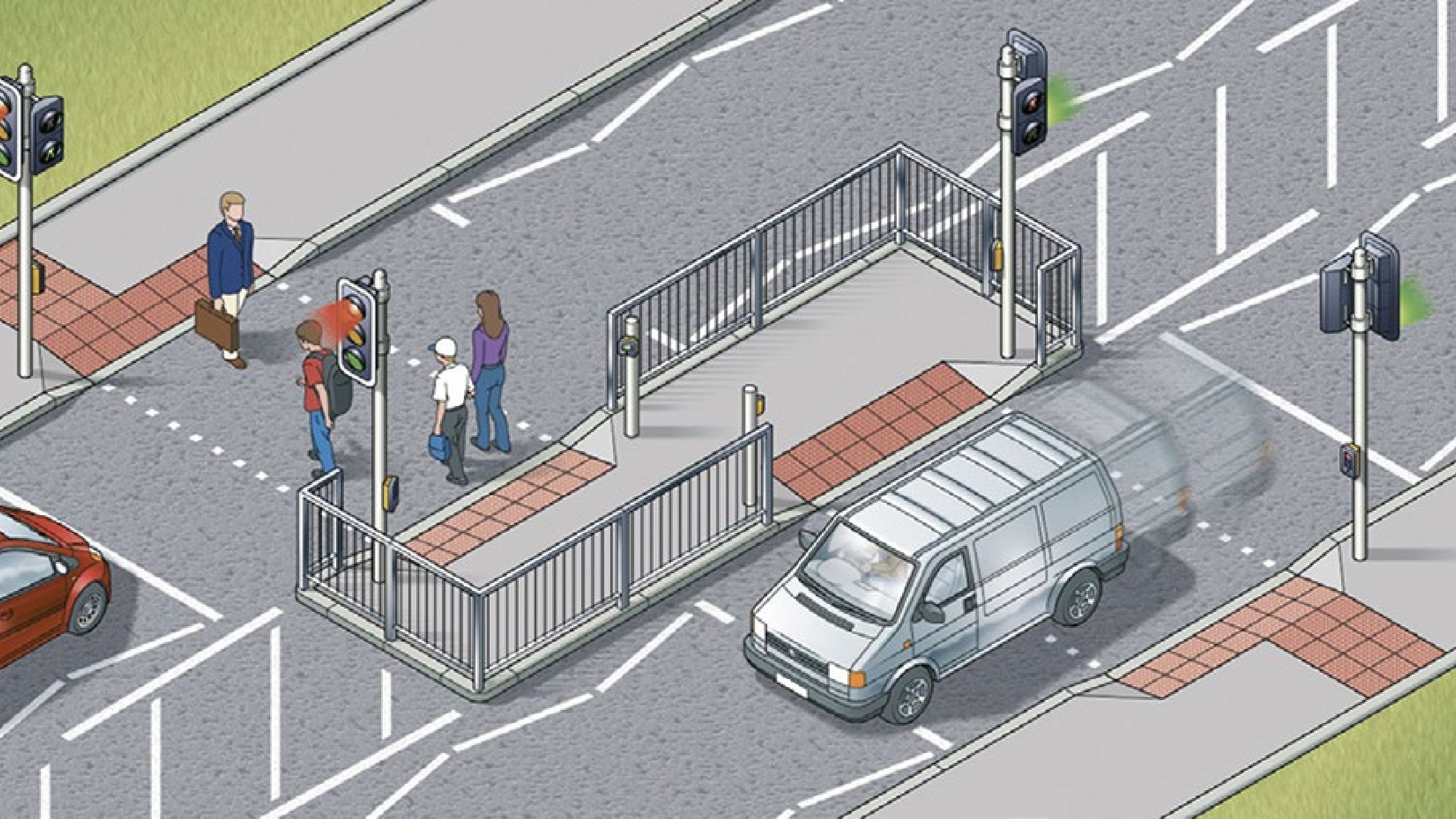
2,247 food outlets in East Sussex in March 2018



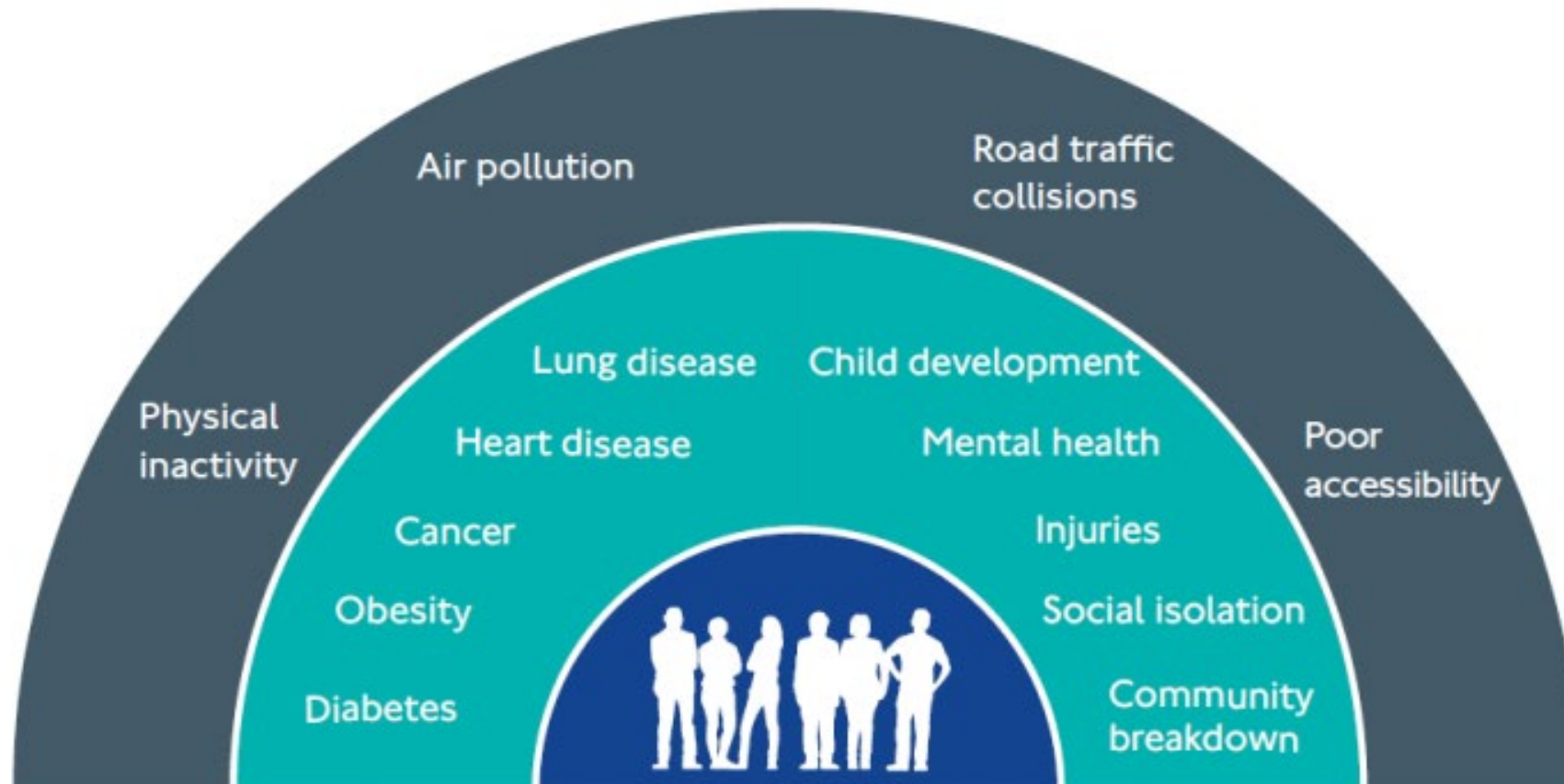
Source FEAT tool, 2021



KEEP
CROSSING
CLEAR



Key adverse links between motorised road transport and health



[Health Matters: There's never been a better time to promote active travel - UK Health Security Agency \(blog.gov.uk\)](https://www.blog.gov.uk/2016/06/22/health-matters-there-s-never-been-a-better-time-to-promote-active-travel/)



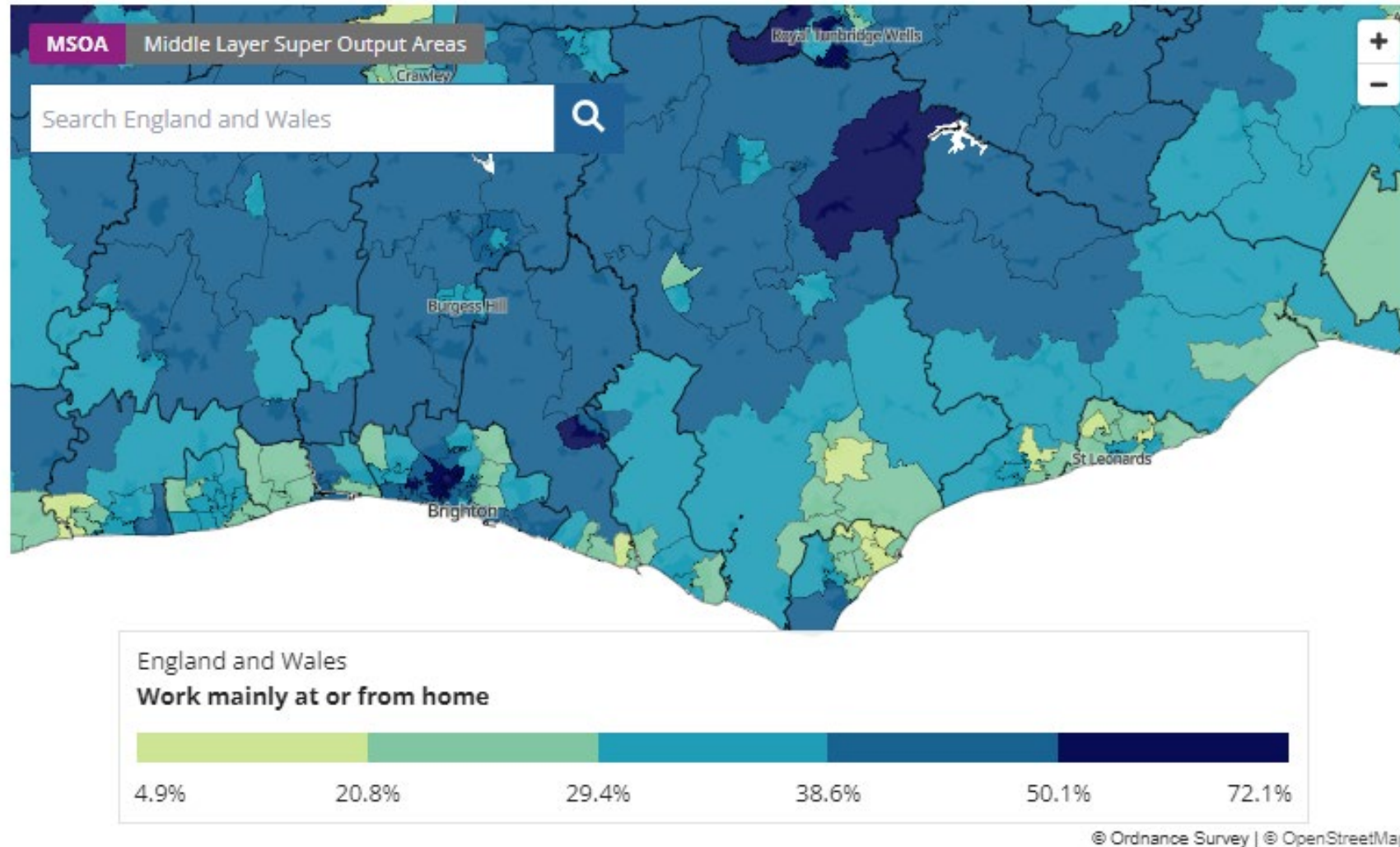


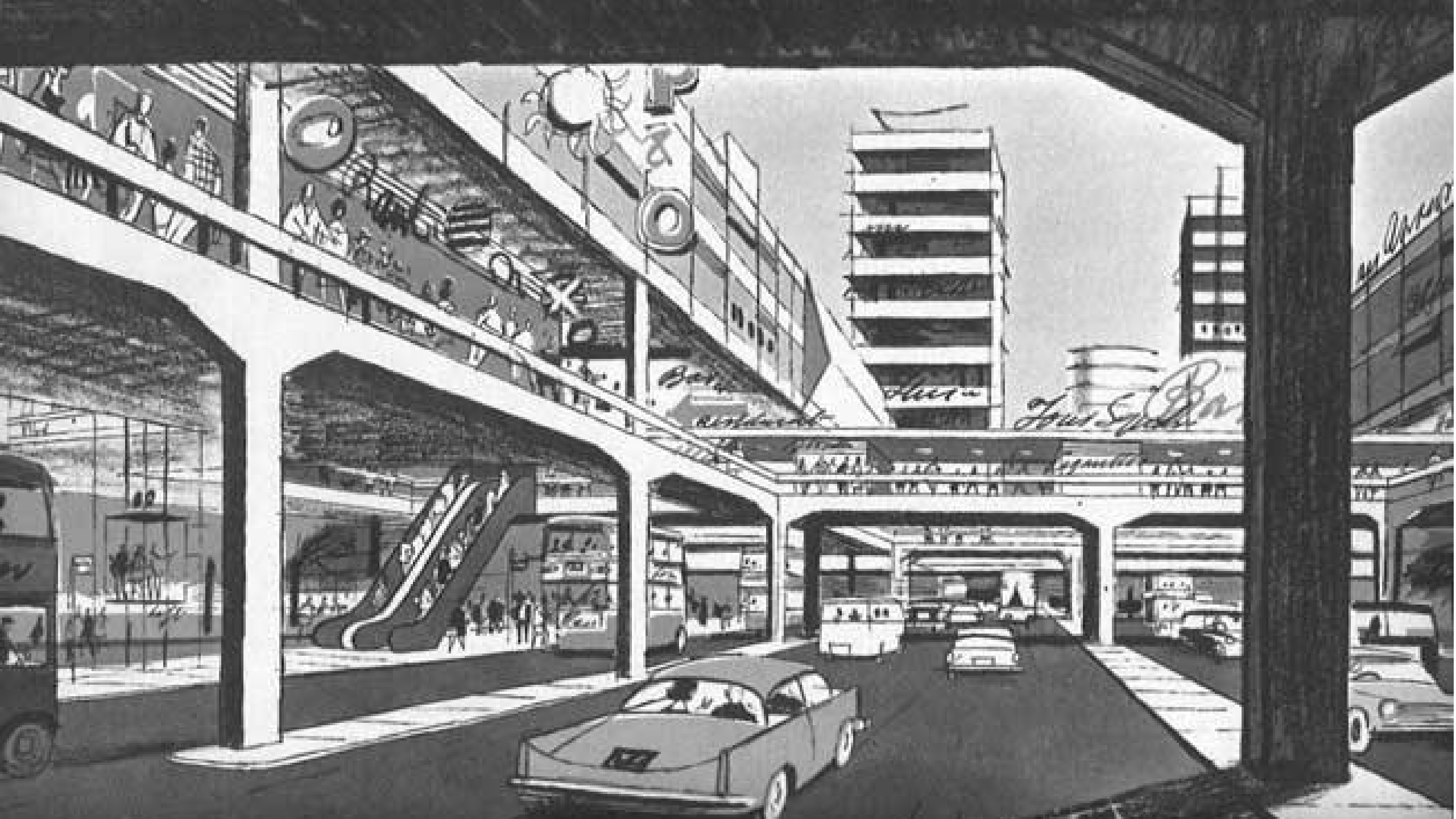


CHANGE

AHEAD

Percentage of usual residents aged 16 years and over in employment who were working mainly at or from home, 2021, local authorities in England and Wales







THE AVENUE

ST. JOHN'S TERRACE

ASINGER PLACE

LANCASTER STREET

WEST STREET

MARKET LANE

FISHER STREET

HIGH STREET

PADDOCK

EAST STREET

BISHOP'S WALK



step

by step





active

Travel





THE 15-MINUTE CITY
WERE YOU EVER ASKED?



WHITE
HART

Welcome
*A fine selection of
Cask Ales,
Craft Beers
and
Locally Sourced
Food*





Oyster

Transport for London







ROAD
OPEN TO





Thank You